

KIDS FIRST PRESENTS
**HOW TO HELP YOUR CHILD
{AND YOU!}**
GET A GOOD NIGHT'S SLEEP

MONDAY, MARCH 19, 2012

7:30PM at Kids First Pediatric Partners, 4611 Golf Rd., Skokie

Call 847.676.5394 or go to kidsfirstpediatricpartners.com for more information



SARAH STEINBERG, MS, BCBA Board Certified Behavior Analyst

Sarah Steinberg brings over 10 years of experience working in home, school and clinical settings to her engaging lectures. She'll offer a practical plan of action for sleep training, using the behavioral principles of shaping and positive reinforcement.

SAVE THE DATE FOR THE NEXT LECTURES

APRIL 16: *Why Your Child Behaves the Way He Does and How to Get Him to Behave the Way You Want*

MAY 21: *Help Your Picky Eater Develop a Healthy, Well-Balanced Diet*